

Positively Blooming in Older Age

Psychosocial Rehabilitation in Aged
Persons Mental Health

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North West Aged Persons Mental Health Program

North Western Mental Health

- Largest network in the state.
- Northern and western suburbs of Melbourne.

Aged Persons Mental Health Program

- Acute Inpatient Units.
- Aged Psychiatry Assessment & Treatment Teams.
 - Community Teams (APATT)
 - Triage/Intake
 - Crisis Work
 - Case Management & continuing care
- Residential Support Program.
 - Support mainstream residential facilities to manage challenging behaviour.
- Extended Care Facilities.

Ageing Population

- Over 75 years the fastest growing age group.
- Growth in the number of older consumers.
- Burden on generic aged care providers.
- Demand for resource intensive services.
- Need to create new service options addressing rehabilitation and recovery.

APMHP Service Delivery Gap

- Inadequate attention given to psychosocial support & relapse prevention
- APMHP Psychosocial Rehabilitation Working Party since mid 2002.
- NW APATT Psychosocial Rehabilitation Clinician Feb 2003.
- APMHP currently reviewing service models.

Statewide Situation

- Provision of aged persons psychosocial rehabilitation services generally ad hoc.
- Isolated initiatives developed specifically for older people.
- Sustainable models need to be developed across all regions.
- Aged Psychosocial Rehabilitation Statewide Reference Group.

Addressing the psychosocial needs of older people

- Community Aged Care (HACC) & Psychiatric Disability Support (PDSS) Sectors.
- Partnership arrangements?
- The role of Specialist Aged Persons Mental Health Services?